



CREATE YOUR OWN MAGIC
MASTERCLASS
WITH
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MANIFESTING
COACH
BLONDIE

CREATE YOUR OWN MAGIC MASTERCLASS

Objectives of this masterclass:

- To know which crystals to choose to help you
- How to connect with Angels and ask for guidance
- To introduce you to Numerology
- Tips on Manifesting and working with the Magic of the Moon
- Working on Self Love

Every journey starts with a first step! This is an ongoing journey that will grow with you and be a joy to experience.

Crystals

After reading Denise's **CREATE YOUR OWN MAGIC PACK** have an intuitive think about what you're drawn to work on at the moment or manifest and see what crystal will help.

OR

What I like to do is let the crystals **TELL ME**. Look at the crystals and see what one appeals to you most and then look at that area and focus on working on that for a while.

Play around with crystals if they are new to you, perhaps make time to shop for some, that can be a lovely outing and start to look into how they work and where their origin and magic comes from.

What crystal are you drawn to?

Angels

Oooh how lovely to explore this area more. Let's prepare now, after reading Denise's info on Angels;

Sacred space – Where is your sacred space? Have a think and note where yours is –

What places in nature make you feel lovely? Or, maybe you need to seek out somewhere lovely and find a new place – Make a note.

Prayer – I'm not religious but I do like the practice of asking and connecting to a higher power,

I also love the eyes closed, hands together feeling. Practice just having a conversation with something or someone around you, you don't even need to know what you think that is because this in itself will develop.



Meditation - an area we are familiar with or perhaps are starting to practice more. For more information on Angels if this area intrigues you perhaps do some research into what Angels support certain areas of your life that again you are drawn to work on and picture them or communicate with them.

Angel Numbers - As Denise says, Angel messages are sent to give you divine guidance. But seeing recurring numbers also contains a Universal numerological message too. As many of you know Angel numbers are my thing and seeing 11:11 has given me huge comfort at times when I've literally been on my knees.

To know that there is a link between Angels and numbers is just beautiful isn't it?

For this next week, make a note of the numbers you keep seeing and then at the end of the week see what you have got, look up the meaning and see if there is a lovely message there for you. You could also ask for help with something at the start of the week and see what you receive.

Numerology - Isn't it lovely to have an understanding about yourself on a deeper level? In the early days I absolutely loved having more information about myself, I loved my LifePath number and my Master number and would have it on my vision board and used it to empower my self image. To this day I absolutely love looking at the summary on my vision board it makes me feel so empowered.

You can have a quick look at your numerology numbers by visiting this website https://www.tokenrock.com/numerology/life_path/ or if you want to go into this on a deeper level get in touch with Denise directly.

- Looking at the site, what is your number?

- How does this make you feel about your self image?



- What do you feel like you need to develop to become more like your number?

- What else did you decipher and love? Do you feel more empowered now? What do you feel called to do (share in the FB group).

Moonology

What a fab way to harness powerful universal energy with your personal development. Use these steps to help you max power.

Full moon - Have a look when the next full moon is and think about what it is you want to let go off. Have a go at the practise that Denise suggests.

In your journaling, start to see if its affecting your mood or your vibe. My sleep pattern can be hard and disrupted in a full moon so I have to extra chill before bed.

New moon - Make a note of when the next new moon is and perhaps watch the intention setting masterclass and build in a lush routine that highlights fresh intentions each month.

Self Love - Always a BIG topic. You must always focus on making your own cup amazing before you should give to anyone else. Nothing is worse than putting ourselves right at the bottom of the pile thinking that it's best to put everybody else 1st to make sure they are looked after. That only depletes us of our energy and stops us working out who we are, which is where the real power is. When you are energetic, when you are happy, when you're in alignment, when you're confident and when you know where you're going you run a much happier household and everybody else around you benefits. Your children will have a healthy respect for you, they will learn from you, your friends will be inspired and you will find that you get promotions, more money, more happiness and more opportunities. Practice Denise's routine and see how you feel.



- Perhaps take a picture of the image as a screensaver on your phone for a week.
- Go to the self image masterclasses and really get this area on a roll, you can now use the crystals, angels and the moon to enhance everything!
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Meditation – Awareness is key and that's why meditation plays a big part in connecting with yourself.

Take a look at the Denise's video suggestions and also hop over to my Meditation Masterclass PDF in Tools.

Manifesting - The big guns! I love a fresh perspective from Denise, have a look at her practices, I like the 'split the page technique'.

I also love how Denise ties in all the practices to tie into manifesting!!

(If you want to read more on universal laws, you can visit the Masterclass in Programs and see how they effect your manifesting, life and everything else).

SPIRITUAL MAGIC PLAN

So taking into consideration all of the above, here are some ideas for the rest of the month:-

- Schedule in the Moons in your diary (Full Moon - releasing old energy, New Moon - intention setting), look at what you want to work on and plan to do that luxurious work on yourself.
- Have a look at what crystals resonate with you from Denise's list and look at working on that area of yourself.
- Practice communicating with Angels, perhaps ask a question at the start of the week and then make a note of all the Angel numbers you see, then at the end of the week see if there is a message there to help you.
- Look at your numerology chart and life path number and use it to build your self image and how it links to your lifestyle desires and manifestations, maybe you needed to hear/read that to get clear on a step forward.

