



HOW TO FIND YOUR PASSION



MANIFESTING
COACH
BLONDIE

A sense of purpose and passion is EVERYTHING!!

You should have goals, passions and desires that **excite the hell out of you** in life, you should always be excited for whats coming up!.

You should never worry or dread getting older because you should be so damn buzzed for your goals that life gets better and better and more and more fulfilled. It doesn't matter whether finding your purpose and passion means to start a business or to give you more substance to your life, the process is the same.

Before we start then, lets just remind ourselves that Society leads you to believe you need to **get a job** and pay bills to tiptoe safely to retirement, or, death! That is what the generations did but times have moved on and we have WAY more freedom than that now, it just requires some balls to go against the grain, lol.

In Society Vs Reality intro program you learnt the difference between what is actually possible for you, so always come from reality. Earning money from something you are ridiculously passion about is such a game changer, you will always have passion and happiness when you spend your time doing what you love. Great success is far greater and simpler with passion.

Now, this is NOT a muggle process, babe. This is an inner/ spiritual/ self discovery process, FAR better, more accurate, productive, powerful and better for your life.

When you find your passion and purpose in life your entire world opens up, not only that but the whole universe has your back, I'm not kidding, the moment you find it an array of ideas, people, circumstances and situations present themselves, its bloody magical.

You all of a sudden feel buzzed, excited, full of energy and momentum, the size of your dreams then gets huge and you feel completely in alignment and clear.

Warning; Fear, doubt, muggle thinking and what you 'believe in your insecurity' is ca make you doubt and effect what you write and continue to think about.. you **MUST** ignore this and learn to ignore it and carry on.



Find a quiet place where you feel great, relaxed, safe, are undisturbed and have set aside a good few hours. Creativity doesn't work in time slots, so prioritise this, lovely.

Get Into Alignment & release blocks

'Finding' your passion/ purpose is an inner exercise, you need to be in alignment to do this.

You are finding this within you, its who you are already, so you go within to hear it, discover it, 'find it'.

Within each of us is a sense of alignment or worded in other ways, alignment is; a connection to source, god, spirit, a sense of inspiration, lit up, fulfilled, in momentum.. whatever you want to call it.

How to Find your excitement!

What do I mean? When you can tap into your excitement, you can tap into being aligned. When you are doing something that makes you laugh, happy, feel fabulous, are in a state of joy, then you are the most connected to your inner self, you are **in alignment**.

The fab news - Happiness is a form of surrender!

In that feeling place the universe and life is rolling out for you. In that moment you are lit up, your vibes are high, **you are creative and in receiving mode!**

Answering questions in receiving mode makes you answer them with ease, relaxed. care free, over the top, from the heart crazy stuff.

Music helps and/or meditating get into your happy, buzzing place.

See Jeffrey Allans masterclass I posted in the FB group about energy and how to get into your alignment.



ANSWER THE QUESTIONS BELOW

Tip, its usually the first things that come into you mind.

- In a 'dream world' what do you want? (I wanted freedom first and foremost, lots of money, excitement, love etc etc)
- in a dreamworld How do you want your lifestyle to look for you and your family?
- Do you feel excited about this?
- Would living like this hurt anyone, or cause ill feeling?
- How would this positively effect your family/ friends

CARRY ON TO THE NEXT QUESTIONS TO OPEN YOU UP..

- What do you LOVE doing? (what lights you up, or what would you LOVE to do? (yoga, horse ride, climb, pilates, boat, travel...)
- What do you believe in that you are passionate about? (healthy food, recycling, against animal testing, empowering women, supporting a cause)
- What hobbies do you have, if any?
- What hobbies do you want & why?
- What is your journey so far, what have you over come

YOU SHOULD BE FEELING VERY INTUITIVE AND CONNECTED...

This exercise is MEGA powerful when you let go fully and dream, don't underestimate it. In a dream world of anything is possible no matter what.. Answer this question;

You are given **2 BILLION pounds to setup a business.**

You are rich, so you can create something thats fun, that you love, that you adore, that you could happily spend all your time doing because it makes you soooo happy.

list ideas, all the crazy exciting silly ideas, whatever the hell comes into your mind just get it on the page you can analyse it later it doesn't matter how random they are but you must have a minimum of five things, aim for 10.

Now pick your top 3 the excite you (not that are easiest or most realistic but that excite you in your dream world, go with it..

Ok, expand on each of these, go with the flow and make these bigger, then make them bigger again so that your dream is may be international, famous, HUGE. At this point if you're in momentum you should be feeling really buzzed and like creative ideas and energy is making you write on the page, you have £2 billion!!

Finally, if these business don't give back to the world or people in some way, you must give to a charitable course, like build houses for children in Africa, or build a pet sanctuary. Write them down too, perhaps this has given you an idea for a business? maybe something has resonated with you so much you have a business idea or passion for it to be more than a charity etc.. write it down as you did above.



LOOKING AT YOUR IDEAS, WHAT ONES EXCITE YOU THE MOST?

Not what is easier or most logical but what makes your heart sing with just thinking about it, and the more you think about it the more inspiration and ideas you get around building it. You can tell your heart and soul desires this by how easily ideas come to you and how amazing you FEEL writing it.

Your feelings are literally you're NAV. When ever you feel good doing anything or thinking about anything it is always, ALWAYS, right.

WITHIN THE REALMS OF WHAT YOU'VE WRITTEN IS YOUR PASSION AND PURPOSE

If you have connected to yourself and found your flow, and by that I mean you totally let go of your logic and any desire to question what was coming up, somewhere within what you've written will be what your absolute passion and purpose is.

When you free write from an open dreamset place the floodgates open and creative energy flows through you. This is why you need to get used to not questioning this creativity with muggle logic and the insecurities about your own ability to do it and just let it flow on the paper as it is. You are not necessarily meant to make sense of what you've written or what has come up and everybody will have done this differently.

Your only job now is to LET yourself go further into these, water them and encourage them to grow. You have no idea how powerful channelling his creative flow from your imagination is.

If you feel excited about what you've written it's a sign. If any part of it doesn't feel exciting and you feel resistance then stop immediately, this is more than likely something you feel like you should be doing than what you actually want to do deep down, either go back and start being really real with yourself or put it down and walk away with the intent on coming back to it.

Make sure you're not trying to be too realistic and definitely make sure you are not trying to work out the HOW. Working out the HOW is an absolute no-no, you have no idea what is going to come to you to help you along your way at such an early stage, that is the Law of Attractions job and your guided inspiration, your focus is letting your creativity come out onto this page.



To carry on building upon what you've discovered start to play around with google and see if people have done anything similar to confirm to you is possible. At this point it is crucial to keep the momentum going because **if you can think it you can create it** it's as simple as that.

You will probably find that once you open the creative floodgates you keep getting more and more ideas and encouragement of how to keep building this so always have a notepad at the ready and keep making numbers you are channelling your creative a T you have got in touch with a plan to view that is now expressing itself to you so you must listen.

In the next part, I will tell you 'how' the creative process turns this into REALITY. You are built by design to co-create what you want and whatever you can imagine you can make into reality otherwise you would not be able to imagine it in the first place.

Eeeek... If I were you I would share my thoughts and everything in the group because you are all going through such big creative processes that aren't supported by Muggles, so by sharing with all the creative girls in this process will strengthen your ability to change your life....

HERE ARE SOME MINDSET THINGS TO CLEANSE AND GET SOME PERSPECTIVE, USE TO LINK TO ANOTHER PROGRAMS TOO, THIS SITE FORMS PIECES TO A PUZZLE REMEMBER.

- What scares you about your list and what you have found?
- What would it feel like to have and run a business like this?
- What would it feel like and give to your life to have a passion like this?
- If you didn't do this, or have this passion/purpose, what will the next; 6 months, 1 year from now and 5 years from now look/be like for you?
- If you did go for this, what would the next; 6 months, 1 year from now and 5 years from now look like?



- What do you need to believe about yourself to make this happen?
- What do you need to learn, find out, look into now?
- What will stop you from doing this? why?
- What will having this in your life give you and your family?
- What do you need to

Now, your job is to listen and keep your awareness and instincts open to what comes up.

The next steps will show themselves, you will be guided to it, an opportunity will come up, someone will say something.. you won't know when or how but that's why you need to stay peaceful, happy, connected, journal and carry on with the momentum :)

Post how you found this in the FB group, it may really help and inspire someone else.

xoxo

